

WEIGHT LOSS FUNDRAISER 2012

Eat to your heart's delight this holiday season knowing that all your "gains" in 2011 can be turned into "losses" in 2012 if you partake in this year's **Crusader Website Weight-Loss Extravaganza!** Last year we had over 25 participants, who as a group lost 100's of lbs. **AND** raised a significant amount of money for last year's graduating seniors! One of the participants also won a **NEW ACER NETBOOK COMPUTER!**

That was last year – this year we are shooting for **35 participants** who want to feel better, get healthier, and help out some very deserving **WHS Class of 2012 graduates** in the process. One of this year's participants, in the end, will **win a 32" HD Flat Screen TV** (more details soon). **NO ENTRY FEE** this year – sign up for free, get as many pledges as you can (friends and family members pledge so much \$\$ per lb. lost) and in turn that money goes to the **WHS.CC Scholarship Fund!**

The **more pledges** you secure, the bigger incentive it is for you during the process! We've had participants **earn as much as \$25 per every lb they lost** because they got a lot of pledges from a lot of people. The key to our **overall success** rests right there – **pledges!**

INFO/RULES

Begins – Sat. Jan. 21, 2012 ** Ends – Sat. Apr. 14, 2012

WEIGH-INS (3 Total)**

Initial Weigh-In: Sat. Jan. 21, 2012 @ STUDIO 55 (8am-10am)
114 W. 7th St. – Across the street south from the Wellington Public Library

Mid-Way Weigh-In: Sat. Mar. 03, 2012 @ STUDIO 55 (8am-10am)
114 W. 7th St. – Across the street south from the Wellington Public Library

Final Weigh-In: Sat. Apr. 14, 2012 @ STUDIO 55 (8am-10am)
114 W. 7th St. – Across the street south from the Wellington Public Library

**** Because some of you may have schedule conflicts with some of the above dates/times – the scales will be available to weigh early @ Studio 55, on the **Thursday or Friday right before** each of the above scheduled times.**

Whether you want to lose 5 lbs or 50 lbs. we want you on board! Email me at [ssturgis@sutv.com](mailto:ssurgis@sutv.com) if you'd like to participate! Print off the pledge sheet below, make copies and line-up as much incentive support as you can – again, the more the better for you - the more the better for the scholarship fund!

GENERAL INFO

***Participant's total weight will never be revealed.**

***Pounds lost (or gained) will be posted on www.wellington.cc website**

***Weight Gain Penalty – at 2nd weigh-in on March 3rd and then final weigh-in April 14th, if your weight exceeds the "previous" weigh-in weight, you must pay a **\$5 per every lb over** fine.**

***Your method of weight loss is for you to determine. Please consult with your personal physician for the best and safest weight-loss approach for you!**

INITIAL WEIGH-IN: Jan. 21st, 2012 – Bring your completed pledge sheets, (available below) and your determination to **lose some weight and raise some monies for the WHS Class of 2012!** When you seek pledges from folks, let them know they will not be billed until the middle of April.

This is a great opportunity to improve your health and **assist graduating seniors at WHS.** We hope the incentives built into the fundraiser will assist you in realizing your personal weight loss goal and establish a new lifestyle that will allow you to keep the pounds off after all the hoopla dies down. We also hope you have some fun with it!

THE PARTICIPANT THAT LOSES THE HIGHEST PERCENTAGE OF WEIGHT WILL WIN THE 32" HD FLAT SCREEN TV – AWESOME! *at least 20 participants must be on board – if there are fewer, the grand prize will be adjusted accordingly and announced prior to 1st Weigh-In!

Soon will be the time to start losing and help out some great students at **WHS** to boot – **you need us – we need you** – email your intent to participate as soon as possible to ssturgis@sutv.com and secure as many pledges as you can and we'll see you on Jan. 21st, 2012 – don't forget – bring your pledge sheets to the first weigh-in! **HAPPY LOSING!!**

“WEIGHT LOSS”

PLEDGE SHEET

(Begins Sat. Jan. 21, 2012 - Ends Sat. Apr 14, 2012)

RULES / FORMS available at www.wellington.cc

If you'd like to sponsor someone, please fill out the info below and the participant will bring this completed sheet to initial weigh-in Jan. 21st.

When the contest ends, (April 14th) - you will be billed for the amount you pledged based on the **“# of lbs lost”** by the individual participant(s) you sponsor.

Participants Name _____

Sponsor's Name _____

Address _____

City _____ State _____ ZIP _____

Phone # _____ E-MAIL _____

PLEDGE SIGNATURE _____

I (sponsor named above) pledge \$ _____ for every pound the participant (named above) loses during the “WEIGHT LOSS” fundraiser. **MONIES** generated will go towards **new computer equipment and scholarships** for this year's WHS graduating class. (2012)