

# September 2014

milk choice served daily


Fruit choice daily at HS

# Wellington USD 353 Lunch Menu

\*\*Chef Salad choice daily at MS & HS\*\*

% MS only

# HS only

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 Labor Day</b> 	<b>2</b> Ham & Cheese Sandwich Potatoe Wedges Fresh Broccoli Grape Bunches  # chocolate chip cookie	<b>3</b> Pepperoni Pizza Tossed Salad w/Romaine Bread Stick Marinara Sauce Mixed Fruit	<b>4</b> Pasta Bake Green Pepper Strips Baby Carrots Applesauce Brownie  # bread/jelly	<b>5</b> Chicken Patie Mashed Potatoes/Gravy Green Beans Pineapple Tidbits  % # hot roll/jelly
<b>8</b> Taco Soup Tortilla Chips Fresh Broccoli Chilled Pears Snickerdoodle	<b>9</b> Turkey & Cheese Sandwich Romaine & Tomato Oven Fries Chilled Peaches  # graham snacks	<b>10</b> Chicken Fried Steak Mashed Potatoes/Gravy Green Beans Banana  % # hot roll/jelly	<b>11</b> Stromboli Garden Spinach Salad Baby Carrots Pineapple Chunks	<b>12</b> Sloppy Joe/Bun Tortilla Chips Sweet Potatoe Wedges Baked Beans Mixed Fruit
<b>15</b> Beef & Bean Burrito/Sauce Romaine & Tomato Mexican Corn Pears  tortilla chips/salsa	<b>16</b> Chicken Nuggets Mashed Potatoes/Gravy Tossed Salad w/Romaine Applesauce  % # hot roll/jelly	<b>17</b> Soft Chicken Taco Tortilla Chips/Salsa Refried Beans Corn Peaches	<b>18</b> Beef & Noodles Mashed Potatoes Baby Carrots Hot Roll/Jelly Pineapple Chunks	<b>19</b> Corn Dog Garden Spinach Salad Green Peas Apple
<b>22</b> Chicken Tetrizzini Tossed Salad w/Romaine Steamed Carrots Biscuit/Jelly Applesauce	<b>23</b> Pork Rib/Bun Romaine & Tomato Tri-Tater Green Beans Fresh Kiwi  % # apple crisp	<b>24</b> Lasagna Garden Spinach Salad Garlic Bread Stick Chilled Pears  # tomato	<b>25</b> Chicken Drumstick Savory Rice Fresh Broccoli Corn Hot Roll/Jelly Chilled Peaches	<b>26</b> Chicken Patty/Bun Sweet Potatoe Wedges Baked Beans Oatmeal Cookie Manderin Oranges
<b>29</b> Fajita Wrap Romaine & Tomato Spanish Rice Steamed Carrots Chilled Peaches	<b>30</b> Spaghetti w/Meat Sauce Garden Spinach Salad Garlic Bread Stick Chilled Pears  # peas		