

X	Sabrina Torneden	X	Wendy Goodrum
	Adam Hatfield	X	Brandi Peterson
	Jamie Ybarra		Ann Shinliver
	Erin Sweetwood		Kelly Adams
	Stephanie Smith	X	Kim Hefley
X	Holly Parkey	X	Cindy Daniels
	Carmen Hatfield		Mark Whitener
			Melissa Meeker
		X	Amanda Schuester (Gallagher Rep)

1. Adult Health Initiative: Flu Shot Promotion: The committee discussed flu shots and the best outreach efforts. The company that we are using can only do 3 different sites. We discussed possibly using the hospital to find out if they could do additional sites so that we could offer them at each elementary school as well as the middle and high school. The other option was to do them on in-service day and that way we could hit more people due to their lack of time. The consensus is we will offer them on in-service day and possibly in multiple locations.

Health Fair Planning: Amanda presented the survey results that were collected over the last month. We had 150 people take the survey. The largest response was leaning towards physical wellbeing. We discussed many different options of programs but thought the best options were a walking contest with students and staff. We also want to encourage activity during the day with Mark doing a "catch you being active". We also discussed putting "did you know" information out there in short bursts over email as well as taping them to the time clock so all employees are seeing them. These emails will consist of all the different areas of the wellbeing survey - mental health, weight loss, tips on health, etc.

2. Follow up on policy meeting action items:

Action items follow up:

1. Well-being survey review update: See notes above
2. FSMC/On-site accountability reviews: Discussed FSMC beginning of year meeting and update on changes to the menu.
3. Filters on water fountains: Sabrina talked with Mike Simpson and he said that he only changes the filters if they need changed. Wendy is going to touch base with him because they need to put it on their list to check and change as the bottle filters are out in some of them already.

4. Goal setting: Due to lack of response from the email sent out to the Principals we are going to try and narrow down the goal setting to just the physical activity which should stay in line with our adult health initiatives. Sabrina will send another email to the Principals with options for goals that they can work on to set.

3. NAC Council Results: Results were reviewed from the latest NAC councils and we discussed the changes that will be taking place because of these results.

4. Action Items: a. Next meeting planning - Amanda will start a rough planning of our health initiative.

b. Sabrina will bring policy changes

c. Wendy will talk with Mark about MMM and "catch you being active"