

SCCDAT NEWS

Sumner County Community Drug Action Team

December 2017

Our Mission:

To combine efforts within the community to prevent and decrease drug use, and to increase the known factors that help to reduce the risk for drug, alcohol and tobacco use in youth.

WHS STUDENTS SHARE IDEAS WITH SCCDAT STAFF

SCCDAT Staff was invited to visit the Crusader Way classes taught by Karla Defore to hear their views on the issues that face them today. Crusader Way is a required one semester class for all freshman students at Wellington High School where the Lions Quest program is implemented. What a great experience it was!

The first hour class focused on the issues of drug and alcohol use in the community and the impact it has on them. The students shared their ideas about some events and activities they felt would help bring awareness to the issues of underage drinking and drug use. They asked great questions, they were prepared, and engaged!

The next class focused on Social Media, how it is used by students and adults, how SCCDAT can bump up our social media followers, and how the students themselves can use social media to improve issues in their school and community and how social media can have a positive impact! This class is working to create a positive Facebook page for use by student throughout Sumner County and a # to promote positive life choices.

Great ideas! Great students! The SCCDAT staff look forward to working with them on projects in the future!



Don't know what to do with those old prescription medications? Wellington Health Mart utilizes the PharmaLink's RxTakeBack® program providing a method to safely comply with the requirements of the DEA Secure and Responsible Drug Disposal Act of 2010, by creating an outlet for people to safely dispose of unwanted medications including controlled substances. This is a service provided by the pharmacy at no charge to the public.

This holiday, make Safety part of your celebration.

POINTERS FOR PARENTS DURING THE HOLIDAY SEASON

To-do lists, gift shopping and celebrations with family and friends can sometimes dominate the holiday season. Even though your hands are likely full, don't loosen rules and expectations with your teens, especially when it comes to underage drinking. Opportunities for your teens to encounter peer pressure can heighten during the holidays. Keep these pointers in mind to help prevent underage drinking this holiday season:

1. Be consistent.

Reinforce the same expectations you have had with your teens throughout the year. The holidays should not be a time to bend the rules.

2. Ask open-ended questions.

Ask open-ended questions to learn about your teens' holiday plans, understand their approach to situations involving underage drinking and help build their confidence to say no.

3. Watch your schedule.

Make sure you're not leaving teens with nothing to do and room to engage in underage drinking. Invite them to join you in crossing off to-do list items as a way to spend more time together and create holiday memories.

4. Be mindful of adult-only celebrations.

Parents are the no.1 influence on children with regard to underage drinking. If you're serving alcohol in your home during the holidays, make sure it's an adult-only celebration.

5. Monitor overnight stays.

The holiday break means more down time for teens and opportunities to spend quality time with friends. If your teens plan a sleepover, be sure to talk with their friends' parents to make sure everyone is on the same page.





The online survey window is open! Sumner County students in grades 6, 8, 10, and 12 will complete the Kansas Communities that Care (KCTC) student survey online now through the month of January, 2018. The survey is completely anonymous. Students are not asked for their names or other personally identifiable information. No one can connect any student with his/her responses. School staff do not see any one student's responses. Participation is entirely voluntary! Parents are informed in advance of the administration date and must give written consent for their child to participate. Students may decline to participate in the survey on the day administered. Student may simply skip any question they do not wish to answer. Data is confidential! District and building level data are password protected with the password provided only to the Superintendent of schools.

Sumner County has participated in the KCTC survey since 1994, providing valuable data to school district personnel, SCCDAT, and other community organizations. Data has been used to apply for federal and state grants that provide programs for youth in Sumner County.



The SCCDAT staff want to thank each of you for your support and look forward to serving Sumner County in the new year. To each of you we wish you a Merry Christmas and a very safe and happy New Year!

Angie, Kiersten and Kori

P.S. Be sure to check your email for a special greeting from us!



SCCDAT—Serving all of Sumner County

SAFE FOR the HOLIDAYS

Christopher Miller from Wellington will gladly provide rides to anyone who might need a ride home in Wellington from an event AND he will assist the next day with retrieving a car that was left as a result of needing the ride! He does this at no cost to the rider and is providing the service 24/7! Please don't drink and drive!!!



Contact Us

Give us a call for more information about the coalition and our programs.

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Visit us on the web at www.sccdat.org

Or Like us on Facebook



Great things happening in 2018. Town Hall Meeting—Sumner County Youth Summit—Botvin Life Skills—Lions Quest—New and improved web site—AND MORE!!

If alcohol is in the driver's seat, ask for help.

