

# Health FAQ Sheet

**Here are some frequently asked questions and answers that will be beneficial as the new school year approaches. We will update this document online as information becomes available.**

Q. What if my student gets ill or quarantined with COVID-19?

A. The school will need documentation from a doctor or the Health Dept. Students will be able to work remotely from home while sick or quarantined.

Q. What is the protocol if there is a positive COVID-19 case in the school?

A. The school nurse will notify the Sumner County Health Department. Protocols will be followed per SCHD guidelines

Q. What symptoms constitute my student being sent home?

A. 1. Fever of 100.4  
2. Two or more of the following symptoms: Chills, shortness of breath, fatigue, muscle aches, headache, new loss of taste or smell, sore throat, congestion, runny nose, nausea, vomiting, diarrhea, or constipation.

Q. What do I do if my student is sent home with COVID19 symptoms?

A. The student needs to remain at home until they are fever/symptom free for 24 hours without medication. Follow up with your primary care physician as needed.

Q. What do I do if my student tests positive for COVID-19?

A. 1. Parents should notify the school of the positive result.  
2. Student should isolate at home for 10 days from symptom onset AND at least 24 hours fever free without fever-reducing medications, AND overall improvement in symptoms  
3. Student may return to school 10 days after symptom onset and 24 hours of being fever free without fever reducing medications and overall improvement of symptoms



Q. What do I do if the Health Department notifies me that my student has been in close contact with someone who tested positive for COVID-19?

- A. The student must remain home, they cannot enter the school building. The student should quarantine and avoid public spaces for 14 days after the family member is fever free for 24 hours AND overall improvement in symptoms. Students and parents should monitor for symptoms. If the student begins to show symptoms, see your primary care physician.

Q. When should I keep my student home?

- A. 1. Fever of 100.4 or greater  
2. 2 or more COVID-19 symptoms (see list above)  
3. Close contact with someone who has tested positive for COVID-19

Q. How do I teach my student to properly wear a mask?

- A. 1. Students should wash their hands before and after touching the mask  
2. Mask should cover the nose, mouth and chin  
3. Wash reusable masks daily  
4. Do not touch mask while it is being worn  
5. Do not leave nose or mouth uncovered  
6. Do not remove mask while around others in public  
7. Do not share mask with family members or friends

\*See USD 353 website for educational video on mask-wearing

\*\* Students will be shown proper mask wearing during in person learning.