

# October 2014

# Wellington USD 353 Lunch Menu

% MS only

milk choice served daily



Fruit choice daily at HS

\*\*Chef Salad choice daily at MS & HS\*\*

# HS only

Monday	Tuesday	Wednesday	Thursday	Friday
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USD353 is an equal opportunity provider and employer

		<p><b>1</b></p> <p>Pig in a Blanket Potatoe Wedges Broccoli w/Cheese Applesauce Jello</p>	<p><b>2</b></p> <p>Taco Salad Tortilla Chips/Salsa Refried Beans Cinnamon Puff Pineapple Tidbits</p>	<p><b>3</b></p> <p>Chicken &amp; Noodles Mashed Potatoes Green Beans Orange Wedges</p> <p>% # hot roll/jelly</p>
<p><b>6</b></p> <p>Hamburger/Bun Romaine &amp; Tomato Sweet Potato Wedges Mixed Fruit Rice Crispy Treat</p>	<p><b>7</b></p> <p>Chicken Nuggets Mashed Potatoes/Gravy Fresh Broccoli Chilled Peaches</p> <p>% # hot roll/jelly</p>	<p><b>8</b></p> <p>Chili Corn Chips Celery &amp; Cucumbers Cinnamon Roll Pears</p>	<p><b>9</b></p> <p>Macaroni &amp; Cheese Meat Balls Seasoned Peas Baby Carrots Bread/Jelly Apple</p>	<p><b>10</b></p> <p>Baked Ham Potatoes/Brown Gravy Green Beans Pineapple Chunks Biscuit/Jelly</p>
<p><b>13</b></p> <p>Ham &amp; Cheese Sandwich Potato Wedges Fresh Broccoli Grape Bunches</p> <p># chocolate chip cookie</p>	<p><b>14</b></p> <p>Pepperoni Pizza Tossed Salad w/Romaine Bread Stick Marinara Sauce Mixed Fruit</p>	<p><b>15</b></p> <p>Taco Burger/Bun Romaine &amp; Tomato Refried Beans Manderin Oranges</p> <p># blk/bean &amp; corn salsa # tortilla chips</p>	<p><b>16</b></p> <p>Pasta Bake Green Pepper Strips Baby Carrots Applesauce Brownie</p> <p># bread/jelly</p>	<p><b>17</b></p> <p>Chicken Pattie Mashed Potatoes/Gravy Green Beans Pineapple Chunks</p> <p>% # hot roll/jelly</p>
<p><b>20</b></p> <p>Taco Soup Tortilla Chips Fresh Broccoli Chilled Pears Snickerdoodle</p>	<p><b>21 parent/teacher conf.</b></p> <p>Turkey&amp; Cheese Sandwich Romaine &amp; Tomato Oven Fries Chilled Peaches</p> <p># graham crackers</p>	<p><b>22</b></p> <p>Chicken Fried Steak Mashed Potatoes/Gravy Green Beans Banana</p> <p>% # hot roll/jelly</p>	<p><b>23 parent/teacher conf.</b></p> <p>Stromboli Garden Spinach Salad Fresh Carrots Pineapple Chunks</p>	<p><b>24 no school</b></p> <p>Conderence Release Day</p>
<p><b>27</b></p> <p>Beef &amp; Bean Burrito/Sauce Romaine &amp; Tomato Mexican Corn Pears</p> <p># tortilla chips</p>	<p><b>28</b></p> <p>Chicken Nuggets Mashed Potatoes/Gravy Tossed Salad w/Romaine Applesauce</p> <p>% # hot roll/jelly</p>	<p><b>29</b></p> <p>Soft Chicken Taco Tortilla Chips/Salsa Refried Beans Corn Peaches</p>	<p><b>30</b></p> <p>Beef &amp; Noodles Mashed Potatoes Baby Carrots Hot Roll/Jelly Pineapple Chunks</p>	<p><b>31</b></p> <p>Corn Dog Garden Spinach Salad Green Peas Apple</p>