

October 2015

Wellington USD 353 Lunch Menu

% MS only

milk choice served daily

Fruit choice daily at HS

Chef Salad choice daily at MS & HS

HS only

Monday	Tuesday	Wednesday	Thursday	Friday
USDA is an equal opportunity provider and employer				
			1 Taco Salad Tortilla Chips/Salsa Refried beans Cinnamon Puff Pineapple Chunks	2 Chicken & Noodles Mashed Potatoes Green Beans Orange Wedges % # hot roll/jelly
5 Hamburger/Bun Romaine & Tomato Oven Fries Mixed fruit Chocolate Chip Cookie	6 Chicken Fry Zs Mashed Potatoes/Gravy Fresh Broccoli Peaches Hot Roll/Jelly	7 Chili Tortilla Chips Celery & Cucumbers Cinnamon roll Pears # baby carrots	8 Macaroni & Cheese Meat Balls Seasoned Peas Baby Carrots Hot Roll/Jelly Apple	9 Baked Ham Potatoes/Brown Gravy Green Beans Angel Biscuit/Jelly Pineapple Chunks
12 Columbus Day Pizza Tossed Salad w/Romaine Bread Stick Marinara Sauce Applesauce	13 Ham & Cheese Sandwich Potatoe Wedges Broccoli Florets Fresh Grapes #choc/choc chip cookie	14 Taco Burger/Bun Romaine & Tomato Refried Beans Mandarin Oranges # tortilla chips/salsa	15 Italian Pasta Bake Green Pepper Strips Steamed Carrots Mixed Fruit Brownie # hot roll/jelly	16 Chicken Pattie Mashed Potatoes/Gravy Green Beans Pineapple Chunks Hot roll/Jelly
19 Crispito/Red Sauce Romaine & Tomato Corn Chilled Peaches # cheesy breadstick	20 P/T Conferences Chicken Fried Steak Mashed Potatoes/Gravy Green beans Banana Hot Roll/Jelly	21 Stromboli Garden spinach Salad Baby Carrots Pineapple Chunks	22 P/T Conferences Sloppy Joe/Bun Potatoe Wedges Baked Beans Mixed Fruit # tortilla chips	23 Conference Release Day :)
26 Beef & Bean Burrito/Sauce Romaine & Tomato Golden Corn Chilled Pears # tortilla chips/salsa	27 Chicken Drummies Mashed Potatoes/Gravy Tossed Salad w/Romaine Applesauce Hot Roll/Jelly	28 Soft Chicken Taco Tortilla Chips/Salsa Refried Beans Shredded Romaine Chilled Peaches	29 Beef & Noodles Mashed Potatoes Baby Carrots Pineapple Chunks % # hot roll/jelly	30 Corn Dog Garden Spinach Salad Peas Delicious Apple

breakfast offered daily